

# Courses

Courses in Totara Learn act as a container for all of your content and activities. Courses help support online, offline, and blended learning at your organisation.

## Benefits

- [Share content](#) with learners and colleagues.
- Create [activities](#) for learners to participate in.
- [Manage](#) access to the course (enrolled users).
- Set [conditional access](#).
- Set [course completion](#) criteria.

Related pages